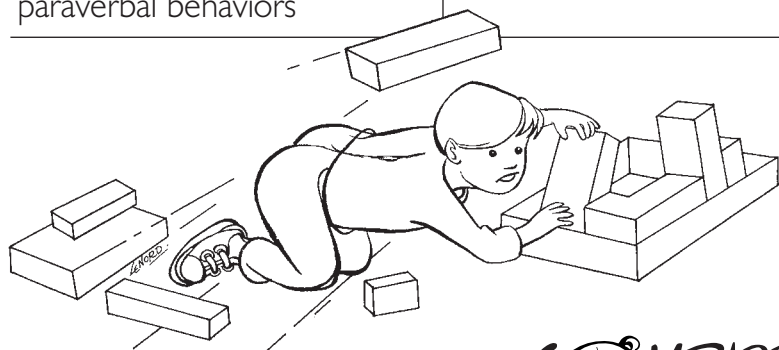
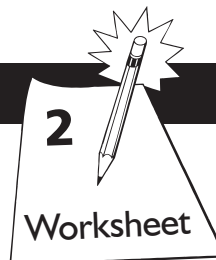


Nonverbal Helping Skills

In the box next to each nonverbal helping skill, write down the Foster/Adoptive parent behavior that demonstrated that skill and note the reaction of the child or parent.

Nonverbal Helping Skill	Foster/Adoptive Parent Behavior	Child/Parent Reaction
Creates a comfortable environment by removing physical barriers and minimizing outside distractions		
Uses body language (appropriate eye contact, facial expressions, posture, and gestures) effectively		
Uses appropriate voice quality, word spacing, phrasing, and paraverbal expressions		
Observes the child or parent's nonverbal communications and paraverbal expressions		
Is aware of the match (or lack of it) between the child or parent's verbal, nonverbal, and paraverbal behaviors		





Verbal Helping Skills (1 of 2)

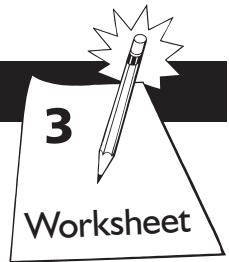
In the box next to each verbal helping skill, write down the Foster/Adoptive parent behavior that demonstrated that skill and not the reaction of the child or parent.

Verbal Helping Skill	Foster/Adoptive Parent Behavior	Child/Parent Reaction
Uses "open" questions to invite open discussion		
Uses "closed" questions to clarify and focus information		
Checks out specific feelings, experiences, and behaviors		
Clarifies the meaning of any unclear language and/or terms		
Gets and uses details that reinforce concreteness: Who? What? When? Where? How?		
Listens to and tries to understand any feelings being expressed through nonverbal behaviors		

Verbal Helping Skills (2 of 2)

Verbal Helping Skill	Foster/Adoptive Parent Behavior	Child/Parent Reaction
<p>Uses paraphrasing to accurately reflect the content of what is said</p>		
<p>Matches the child's or parent's emotions</p>		





Session 2 Roadwork

Write down how you have used each of the interpersonal helping skills in the box provided.

Interpersonal Helping Skill	What did you do?	What was the child's reaction?
<p>Nonverbal Skills</p> <ul style="list-style-type: none"> Environment Body and face Voice tone and loudness 		
<p>Verbal Skills</p> <ul style="list-style-type: none"> Questioning 		
<p>Concreteness</p>		
<p>Reflection</p> <ul style="list-style-type: none"> Content Feelings 		